



Celebrate International Yoga Day



Sunday, June 21, 2015
From 10:00 am to 12:00

DAHLC (Dan Abraham Healthy Living Center)
Conference room DA SL 200

Presenters:

- ❖ **Nancy Boler** - 'Uniting Yoga and Meditation'
- ❖ **Dr. Manjunatha MD** - 'Science of Yoga: Research based Evidence on Yogic Practices and Effects '
- ❖ **Sara Atkinson** - 'Yoga is more than Asana'
- ❖ **Amit Sood, MD MSc FACP** - 'Bringing Yoga to Your Life '



Limited seats: Please rsvp to hiunni@gmail.com